

Jessi Eden Brown, MS, NCC, LMHC, LPC

Ms. Brown is an experienced Master's-level licensed mental health therapist with a private practice in suburban Seattle, WA and the professional coach for the Workplace Bullying Institute since 2009. She has been extensively trained in the assessment and treatment of work stress, trauma, and workplace bullying.

Clinical Practitioner

Jessi has dedicated her career to helping people and organizations in-need. With more than 17 years of experience counseling and teaching adults, adolescents, couples, families, and children, Jessi has acquired theoretical and practical knowledge of a wide range of personality dynamics, abnormal behaviors, psychiatric illnesses, developmental concerns, workplace issues, and mental health treatment modalities.

Jessi has coached hundreds of individuals since joining Work Doctor and the Workplace Bullying Institute. She offers emotional support and customized strategies to effectively address workplace bullying situations. She counsels individual offenders sent to the Work Doctor Respectful Conduct Clinic.

She has worked as a therapist, supervisor, and director in a variety of settings, including: community mental health clinics, residential treatment programs, day treatment programs, psychiatric hospitals, wilderness therapy programs, non-profit organizations, and public schools.

Jessi holds a Master's of Science in Counseling Psychology from Central Washington University, a Bachelor's of Science in Psychology from Colorado State University, and an Associate's Degree in Outdoor Recreation Leadership from Colorado Mountain College.

She is a Licensed Mental Health Counselor (LMHC) in the State of Washington (#9028) and a Licensed Professional Counselor (LPC) in the State of Colorado (#4029).

Program Developer, Director, and Consultant

Employing therapist-honed interpersonal and coaching skills, Jessi helps leaders acquire essential knowledge and develop the relationships they need to ensure sustainability and positive change in the organization. Her skill in dealing with individuals who have demonstrated unacceptable conduct is an essential part of Work Doctor's® Respectful Conduct Clinic service.

Jessi has spent the past decade developing and directing educational, health, and therapeutic programs. She has an extensive background in curriculum development; policy writing; business auditing; and grant writing, management, and compliance.

Her ability to design effective programming stems from diverse experience in for-profit and non-profit companies, where she consistently exceeds operational goals. She is a visionary leader, able to bring organization, creative thinking, and innovative problem-solving to bear on business operations.

Proven strengths include impactful leadership skills and expert knowledge in identifying and addressing the needs of organizations, work groups, and individuals. Jessi has a long-established record of designing and managing successful programs to target organizational goals. She trains staff and management personnel in effective program implementation and evaluation.