

# A WEEK FOR SUPPORT, INSPIRATION, PEACE, AND HEALTH



## FREEDOM FROM WORKPLACE BULLIES WEEK OCT 14-20, 2012

WORKPLACEBULLYING.ORG

Bullying is a systematic campaign of interpersonal destruction that jeopardizes employee health, careers, and strains families. Bullying is non-physical, non-lethal workplace violence. It is abusive, causing psychological injuries and stress-related diseases.

The destructive power of workplace bullying comes from secrecy.

The Workplace Bullying Institute announces the 5th annual  
**FREEDOM FROM WORKPLACE  
BULLIES WEEK.**

The week is a chance to break through the silence and secrecy. It is a week to be daring and bold.

Everyone deserves a safe, healthy, and dignified workplace.

Find advice, tips, and activities at **freedomfrombullies.org** for:

WORKPLACE  
**BULLYING**  
INSTITUTE

- Employers
- Coworkers
- Family
- Friends
- Unions
- Mental Health Professionals
- School Administrators
- Legislators
- Community Leaders
- Medical Professionals