

Registration

**WORK, STRESS, AND HEALTH 2009:
GLOBAL CONCERNS AND APPROACHES**

November 5–8, 2009

Preconference Workshops on November 5, 2009

Advance Registration Deadline on October 10, 2009

Caribe Hilton Hotel, San Juan, Puerto Rico

Sponsored by

American Psychological Association

National Institute for Occupational Safety and Health

Society for Occupational Health Psychology

University of Puerto Rico

For online registration
Por versión en español

<http://www.apa.org/pi/work/wsh.html>

Conference Overview

The American Psychological Association (APA), the National Institute for Occupational Safety and Health (NIOSH), the Society for Occupational Health Psychology (SOHP), and the University of Puerto Rico will convene the eighth international conference on occupational stress and health. The conference, **Work, Stress, and Health 2009: Global Concerns and Approaches**, will be held at the Caribe Hilton Hotel, San Juan, Puerto Rico, on November 5–8, 2009, with preconference workshops on November 5, 2009.

The Work, Stress, and Health conference series is designed to address the constantly changing nature of work and the implications of these changes for the health, safety, and well-being of workers. This year the conference will highlight work, stress, and health as a subject of global concern affecting developed and developing countries alike. Numerous topics of interest to labor, industry practitioners, and researchers are covered in the series, such as work and family issues, workplace violence, long hours of work, the aging workforce, and best practices for preventing stress. Presentations by experts, panel discussions, and informal get-togethers with leading scientists and practitioners will provide an exciting forum for learning about the latest developments on an impressive range of topics.

The conference program is designed to address issues of interest to scientists and to practitioners. The topics of the conference will have relevance to managers, labor representatives, employee assistance and human resources personnel, mental health professionals, and occupational safety and health specialists.

Topic Areas

The conference paper sessions, poster sessions, symposia, and plenary addresses feature the following 26 topic areas:

Aging and Work Stress

Best Practices in Creating Healthy Workplaces

Building a Business Case for Workplace Safety and Health

Changing Employment Arrangements

Collaborative and Participatory Approaches

Emerging Risks, Opportunities, and Issues in Work, Stress, and Health

Global Issues and Concerns

Health Services and Health and Productivity Management

High-Risk Jobs and Populations

Human Resource Management and Benefits

Improving Intervention Methods and Processes

National and International Surveillance (Tracking)

Positive Psychology in the Workplace

Professional and Educational Development

Psychological and Biological Effects of Job Stress

Psychosocial Work Environment

Research Methodology

Safety Climate, Management, and Training

Sleep, Fatigue, and Work

Theoretical and Conceptual Issues in Job Stress

Traumatic Stress and Resilience for Workers in Hazardous Occupations and Disaster Relief Operations

Work Design and Worker Health

Work and Family

Work Schedules

Workplace Diversity, Minority and Immigrant Workers, and Health Disparities

Workplace Mistreatment

Work, Stress, and Health Conference 2009

Conference Contributors (to Date)

Centers for Disease Control and Prevention

University of Puerto Rico

Conference Collaborators (to Date)

American Association of Occupational Health Nurses

Association of Virgin Islands Psychologists

Brazil Chapter of the International Stress Management Association

CN Occupational Health and Safety Research Centre

Communications Workers of America

Corporate Alliance to End Partner Violence

Human Factors and Ergonomics Society

Interamerican Society of Psychology

International Labor Organization

National Institute of Child Health and Human Development

National Institute of Occupational Health, Japan

National Institute on Drug Abuse

Pan American Health Organization

Puerto Rico Association of Psychology

World Health Organization

Conference Chairs

Gwendolyn Puryear Keita, PhD

American Psychological Association

Steven L. Sauter, PhD

National Institute for Occupational Safety and Health

Robert R. Sinclair, PhD

Society for Occupational Health Psychology

Coordinators

Wesley B. Baker

Conference Coordinator

American Psychological Association

Julia Limanowski

NIOSH Coordinator

National Institute for Occupational Safety and Health

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Finnish Institute of Occupational Health

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European Agency for Safety & Health at Work

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Ana Maria Rossi, PhD

*International Stress Management Association
(ISMA-BR)*

Peter L. Schnall, MD, MPH

University of California, Irvine

Jennie Ward-Robinson, PhD

*University of Illinois at Chicago School
of Public Health*

Work, Stress, and Health Conference 2009

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Vice-Chancellor

Dr. María López
Associate Dean, Psychology and Social Work

Conference Preliminary Program

(subject to change)

Thursday, November 5, 2009

9:00AM–12:00PM Preconference Workshops

12:00–1:00PM Lunch (on your own)

1:00–4:00PM Preconference Workshops

4:00–6:00PM Opening Session

- Plenary address by Steven Greenhouse, author of *The Big Squeeze*

**6:00–9:00PM Opening Reception –
Caribe Hilton Hotel**

Friday, November 6, 2009

8:00–9:30AM Poster Session/Breakfast

9:30–9:45AM Break

9:45–11:15AM International Plenary Session

11:15–11:30AM Break

11:30AM–12:45PM Concurrent Sessions

- Workplace Bullying in Hospital Settings (Symposium)
- U.S. Occupational Safety and Health Administration (Symposium)
- Psychosocial Hazards in Developing Countries (Symposium)
- The Social Context of Burnout (Symposium)
- Cardiovascular Disease and Stress (Paper Panel Session)
- The Impact of Economic Factors on Job Stress and Well-Being (Symposium)
- Traumatic Stress (Paper Panel Session)
- Work–Family Conflict: Risk Factors and Models (Paper Panel Session)

12:45–2:00PM Lunch (on your own)

- Luncheon tutorial sessions

2:00–3:15PM Concurrent Sessions

- Work, Health, and Stress Among Immigrants and Migrant Workers (Paper Panel Session)

- Development of Regional Approaches (Roundtable Discussion)
- Prevention of Violence Against Health Care Workers (Symposium)
- From Flow to Engagement at Work (Symposium)
- Return to Work (Paper Panel Session)
- Traumatic Stress and Resilience (Paper Panel Session)
- Work Environment and Work–Family Outcomes (Paper Panel Session)

3:15–3:30PM Break

3:30–4:45PM Concurrent Sessions

- Careers in Occupational Health Psychology (Student Session)
- Academics' and Practitioners' Perspectives on Transferring OHP-Related Knowledge (Roundtable Discussion)
- Workplace Aggression: Bullying and Aggression in the Workplace (Paper Panel Session)
- Engaging Minority Communities in Job Stress Research and Interventions (Roundtable Discussion)
- Positive Psychology (Paper Panel Session)
- Psychosocial Risk Management in the European Union (Symposium)
- Workplace Aggression (Paper Panel Session)
- Military Stress (Paper Panel Session)
- New Approaches in Work–Family Conflict Research (Paper Panel Session)

Saturday, November 7, 2009

8:00–8:30AM Continental Breakfast

8:30–9:45AM Concurrent Sessions

- Work Engagement: Concept, Causes, Consequences, and Intervention (Symposium)
- Models of Healthy Workplaces for Industrialized and Developing Countries (Paper Panel Session)
- Vigor and Occupational Health: What Are We Learning? (Symposium)
- New Developments in the Conceptualization of Safety Climate (Symposium)

- Work Demands and Resources (Symposium)
- Methods and Workplace Violence (Paper Panel Session)
- Work, Stress, and Depression (Paper Panel Session)

9:45–10:00AM Break

10:00–11:15AM Concurrent Sessions

- Estres y Variables Asociadas en Poblacion Mexicana (Spanish Symposium)
- Interventions Targeted at Disseminating Safety Messages in Construction (Symposium)
- Health and Well-Being in Health Care Organizations (Symposium)
- Work and Mental Health Outcomes (Paper Panel Session)
- Research Methodology: Part 1. Issues in Occupational Health Psychology Research (Symposium)
- Job Stress and the Aging Workforce (Paper Panel Session)
- Addressing Gaps in Workplace Mistreatment Research (Symposium)
- Positive Spillover Research: Gaining Momentum for the Future (Symposium)

11:15–11:30AM Break

11:30AM–12:45PM Concurrent Sessions

- Work-Related Stress in Latin America (Symposium)
- Psychosocial Risk Factors for Musculoskeletal Disorders (Paper Panel Session)
- Organizational Change: Participatory Methodologies (Paper Panel Session)
- Sleep and Fatigue (Paper Panel Session)
- Research Methodology: Part 2. Stepping Forward Into New Methods (Symposium)
- Linking Occupational Health and Safety: Evidence From High-Risk Populations (Symposium)
- Case Studies in Workplace Bullying (Symposium)
- Who Experiences Work–Family Conflict? An International Interdisciplinary Perspective (Symposium)

12:45–2:00PM Lunch (on your own)

- Luncheon tutorial sessions

2:00–3:15PM Concurrent Sessions

- Work, Psychosocial Factors, and Quality of Life in Latin America (Symposium)
- Identifying and Addressing Barriers and Opportunities for a Sustainable and Integrated Participatory Ergonomics and Health Promotion Program (Symposium)
- Introducing the Healthy Change Process Index (Symposium)
- An Occupational Health Approach to Resilience in the Military (Symposium)
- Measures (Paper Panel Session)
- Fresh Perspectives on Workaholism (Symposium)
- Individual and Group-Level Insights in Workplace Mistreatment Research (Symposium)
- Effects of Work Schedules on Health (Paper Panel Session)

3:15–3:30PM Break

3:30–4:45PM Concurrent Sessions

- Gender Issues Across the Globe (Paper Panel Discussion)
- Organizational Restructuring (Paper Panel Session)
- Implementation of State-of-the-Art Behavioral Health Programs Into Fire Service Culture (Symposium)
- Biological and Physiological Effects of Stress (Paper Panel Session)
- Large-Scale Surveys (Paper Panel Session)
- Emotional Labor (Paper Panel Session)
- Workplace Incivility (Paper Panel Session)
- Leadership and Health & Safety (Paper Panel Session)

4:45–5:00PM Break

5:00–6:30PM Society for Occupational Health Psychology Business Meeting / Reception

Sunday, November 8, 2009

8:00–9:30AM Poster Session/Breakfast

9:30–9:45AM Break

Conference Preliminary Program

(subject to change)

9:45–11:00AM Concurrent Sessions

- Stress Management (Paper Panel Session)
- Global Economic Concerns (Paper Panel Session)
- Organizational Responses to Violence and Harassment (Paper Panel Session)
- The Role Middle Managers Play in Ensuring Employee Health and Well-Being (Symposium)
- Surveying the Wellness Climate in Organizations (Symposium)
- Organization of Work in Health Care Settings (Paper Panel Session)
- Striving for Work Engagement: The Moderating Role of Personal Resources (Symposium)
- Workplace Bullying: From Research to Activism (Roundtable Discussion)

11:00–11:15AM Break

11:15–12:15PM Concurrent Sessions

- Burnout and Work–Family Issues (Paper Panel Session)
- Cardiovascular Disease (Paper Panel Session)
- Intervention Tools (Paper Panel Session)
- Intra-Individual Factors (Paper Panel Session)
- Approaches on Work–Life Balance (Paper Panel Session)
- -Sickness/Absence Issues (Paper Panel Session)
- International Studies on Effects of Leadership and Climate (Paper Panel Session)
- Health Promotion Interventions and Dissemination (Paper Panel Session)

12:15–1:15PM Lunch (on your own)

1:15–2:30PM Concurrent Sessions

- Practitioner Forum (Paper Panel Session)
- Examining the Effects of Organizational-Level Interventions (Symposium)
- Best Practices to Improve Worker Well-Being (Symposium)
- Developing Effective Leadership for Safety and Health (Symposium)
- Measures, Models, and Methods (Paper Panel Session)

- Workplace Mistreatment and Identity: An Exploration Across Different Types of Diversity (Symposium)
- Recovery From Job Stress—International Evidence From Studies Using the Recovery Experience Questionnaire (Symposium)
- International Collaboration on JOBS for the Unemployed (Symposium)

2:30–2:45PM Break

2:45–3:45PM Concurrent Sessions

- The Hazards of Helping: Creating a Positive Climate for Addiction Counselors (Symposium)
- Workplace Bullying Issues (Paper Panel Session)
- Why and How Is Leadership Important for Safety? (Symposium)
- Occupational Health Psychology Education (Paper Panel Session)
- Evaluation and Assessment of Immigrant Workers: Challenges and Approaches (Symposium)
- Workload and Fatigue (Paper Panel Session)
- Practitioner Forum (Paper Panel Session)

3:45–4:00PM Break

4:00–4:45PM Closing Plenary

Preconference Workshop Information

All preconference workshops are on Thursday, November 5, 2009

To register for preconference workshops, please visit the official conference website:

<http://www.apa.org/pi/work/wsh.html>

To register for preconference workshops, please write the number of the workshop(s) that you wish to attend on your Conference Registration Form. For a list of preconference workshops, please see the conference website. Please note that you must register for each preconference workshop(s) you wish to attend. Space is limited. Preconference workshop fees are **NOT** included in the general conference registration fees. The Conference Program Committee reserves the right to cancel any pre-conference workshop with insufficient registration.

Preconference 3-Hour Workshop Fees

In advance (before 10/10/09)	\$75
Late/on-site (after 10/10/09)	\$100

CE Credit General Information



This program has been reviewed and approved by the APA Office of Continuing Education in Psychology, which maintains responsibility for the content of the program. Additional CE credits for other disciplines may be available. Please visit the conference website for the most recent updates: <http://www.apa.org/pi/work/wsh.html>.



The Division of Continuing Education and Professional Studies of the Graduate School of Public Health, University of Puerto Rico, has reviewed the submitted curricular design approved by the Office for Health Professionals Credentialing and the Puerto Rico Physicians Board of Examiners for a maximum allowed 27 credit units. For details regarding Continuing Education credits, please see the conference website.

Conference Registration Information

Fees

Early (through 10/10/09)	\$330
Late/on-site (after 10/10/09)	\$375
Student early (through 10/10/09)	\$100
Student late/on-site (through 10/10/09)	\$150

Society for Occupational Health Psychology (SOHP) Discount Rates

New/Renewing Members

Early (through 10/10/09)	\$350
Late/on-site (after 10/10/09)	\$395

(These rates apply to new and renewing SOHP members. The fees include conference registration and a 2010 membership to SOHP, including a one-year subscription to the Journal of Occupational Health Psychology and all other benefits of SOHP membership. Attendees interested in this rate should submit a completed SOHP new member application and return it with the completed conference registration form.)

To learn more about SOHP and obtain a membership application form, please visit <http://www.sohp-online.org>. SOHP membership applications also will be available at the conference for on-site registrants.

2010 SOHP Members

Early (through 10/10/09)	\$310
Late/on site (after 10/10/09)	\$355

(These rates apply to SOHP members who have already renewed their membership for 2010.)

Conference registration includes all conference sessions, scheduled coffee/break services, receptions, and conference materials, including a conference program and an interactive, searchable CD-ROM of conference abstracts. **Workshop registration is not included.** We encourage participation by all individuals. If you are a person with a disability, advance notification of any special needs will help us accommodate you better.

Scholarship Fund Donation

The Conference Planning Committee provides need-based scholarships to help defray registration, travel, and hotel expenses for attendees who would otherwise be unable to attend the conference (e.g., students, attendees from developing countries). Please consider donating to this fund. If you would like to make such a donation, please indicate the appropriate amount on the registration form.

You may obtain registration forms from the official conference website:

<http://www.apa.org/pi/work/wsh.html>

Online registration is available or you may print out the forms and mail or fax the completed forms to APA (see contact information on page 12).

Questions about your registration or need more information about workshops? Please contact:

Work, Stress, and Health Conference

Wesley Baker, Conference Coordinator
American Psychological Association
Public Interest Directorate
750 First Street, NE
Washington, DC 20002-4242
Telephone: 202-336-6033

Fax: 202-336-6117

E-mail: WSHConference@apa.org

San Juan Tour Information

Special sightseeing tours of San Juan and surrounding areas will be available through Destination Puerto Rico, available for a fee at the Caribe Hilton Hotel. Please see the conference website for details.

Cancellation/Refund/Substitution Policy

Registrants who are unable to attend the conference and/or workshop(s) will be assessed a cancellation fee based on the following schedule: **8/1/09–9/10/09: 20% of the registration and/or workshop(s) fee; 9/11/09–10/19/09: 50% of the registration and/or workshop(s) fee; after 10/20/09: 100% of the registration and/or workshop(s) fee.** If you are unable to attend the conference or workshop(s), a substitution may be made in writing before the conference without charge. **No refunds will be given after October 20, 2009. “No shows” are subject to the full fee.**

In the unlikely event that the conference or any workshop is canceled, full refunds will be given to participants who have registered, but we cannot be responsible for costs that may be incurred for airline and hotel reservations and other expenses.

Hotel Reservation Information

Hotel accommodations must be made separately with the Caribe Hilton Hotel, Los Rosales Street, San Geronimo Grounds, San Juan, PR 00901. **Please do not send hotel deposits to APA or combine hotel payment with the registration fee.** Special conference rates are \$165.00 for a single (1 person) room, and \$185.00 for a double (2 persons) room plus current applicable room tax of 9%, \$5.00 municipality tax per person per night, and resort charge of 12% per person per night (taxes and resort charge subject to change).

To obtain these special rates, it is important to mention that you request the group rate for **AMERICAN PSYCHOLOGICAL ASSOCIATION** and provide the reference **group code APAA09**. Call the Caribe Hilton Hotel directly at 1-800-468-8585 (toll-free) or 1-787-721-0303 (extension 2056). You may also send an e-mail to reservations.caribe@hilton.com. To make reservations online, please visit the following web link:

<https://secure.hilton.com/en/ww/pog/index.jhtml;jsessionid=T3SGI1VK4YRAGCSGBJBNUKQ>

Reservations received after October 4, 2009, or after the room block is filled are subject to availability and prevailing rates. We strongly advise early reservations because we expect heavy conference attendance and hotel space is limited!

The Caribe Hilton Hotel requires a credit card to guarantee your reservation. If you cancel your reservation within 72 hours prior to your arrival date, your credit card will be charged for one night plus 9% tax. If you fail to arrive on your date of arrival and are a “no show,” your credit card will be charged for the first night plus 9% tax.

Special American Airlines Discount Rate

Special airfare rates have been negotiated with American Airlines. Should you use this airline, you need only reference the discount code **A18N9AB** to take advantage of the discount. Please contact the American Airlines Meeting Services Desk at 1-800-433-1790 for assistance with reservations and ticket purchase.

Work, Stress, and Health Conference 2009

Registration Form

Complete this registration form and mail with payment to:

American Psychological Association

Work, Stress, and Health Registration

Attn: Wesley Baker

750 First Street, NE

Washington, DC 20002-4242

Tel: 202-336-6033

Fax: 202-336-6117

E-mail: WSHConference@apa.org

Please type or print your full name and institution as it will appear on your badge (include degree):

Dr. Prof. Mr. Ms. Mrs. _____

Institution: _____

Mailing address: _____

Work phone: (_____) _____ Home phone: (_____) _____

Fax: (_____) _____ E-mail: _____

Summary of Fees

Please note: Payment must be made in U.S. funds

	Through 10/10/09	After 10/10/09	Workshop #	Amount
Each 3-hour workshop	\$75	\$100	_____	\$ _____
Registration	\$330	\$375	_____	\$ _____
Student registration	\$100	\$150	_____	\$ _____
New/renewing SOHP member	\$350	\$395	_____	\$ _____
2010 SOHP	\$310	\$355	_____	\$ _____
Scholarship Fund Donation				\$ _____

Form of payment

- Check Visa
 MasterCard American Express

TOTAL \$ _____

Purchase Order # _____

(Make checks payable to the American Psychological Association.)

Credit Card Payment Authorization

(please print)

I authorize APA to charge registration fees for the Work, Stress, and Health Conference to my credit card.

Cardholder name: _____

(as it appears on credit card)

American Express MasterCard Visa Credit Card # _____

Exp. date: _____ / _____ / _____ Amount to be charged: \$ _____

Billing Address: _____

Daytime telephone: (_____) _____ E-mail: _____

Cardholder signature: _____

Work, Stress, and Health Conference 2009

Hotel Reservation Form

HOTEL RESERVATIONS MUST BE MADE DIRECTLY WITH THE HOTEL!

Complete this registration form and mail with payment to:

Caribe Hilton Hotel

Los Rosales Street
San Geronimo Grounds
San Juan, PR 00901

Reservations: 1-800-468-8585 or 1-787-721-0303
(ext. 2056)

Group name: American Psychological Association
Group code: APAA09

Please type or print your full name and institution, as it will appear on your badge (include degree):

Dr. Prof. Mr. Ms. Mrs. _____

Date of arrival: _____ / _____ / _____ Time of arrival: _____ Date of departure: _____ / _____ / _____

Type of Room

Single: \$165 plus 9% room tax, \$5 municipality tax, 14% resort charge

Double: \$185 plus 9% room tax, \$5 municipality tax, 14% resort charge

Credit Card Information

(please print)

A reservation must be guaranteed by a valid major credit card:

American Express MasterCard Visa Credit Card # _____

Cardholder name: _____

(as it appears on credit card)

Exp. date: _____ / _____ / _____ Amount to be charged: \$ _____

Billing Address: _____

Work phone: (_____) _____ Home phone: (_____) _____

Fax: (_____) _____ E-mail: _____

Cardholder signature: _____

We encourage participation by all individuals. If you are a person with a disability, advance notification of any special needs will help us to accommodate you better.

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WORK, STRESS, AND HEALTH 2009: GLOBAL CONCERNS AND APPROACHES

November 5-8, 2009

Caribe Hilton Hotel,
San Juan, Puerto Rico

November 5, 2009

Preconference Workshops



AMERICAN
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