

About the Survey

The WBI-Zogby US Workplace Bullying Survey is the largest scientific Survey of bullying in the U.S. The Workplace Bullying Institute wrote the survey and commissioned Zogby International to collect data for the first representative study of all adult Americans on the topic of workplace bullying. The survey was sponsored by a generous gift from the Waitt Institute for Violence Prevention Cindy Waitt, Executive Director.



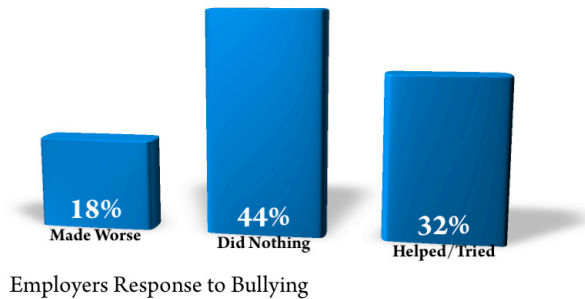
There were 7,740 survey respondents, representative of all American adults in August, 2007. The margin of error was +/- 1.1 percentage points.

What is Workplace Bullying?

Workplace Bullying was defined as repeated mistreatment. It is not simply incivility, rudeness or misperceptions. It is repeated mistreatment: sabotage by others that prevented work from getting done, verbal abuse, threatening conduct, intimidation, humiliation?

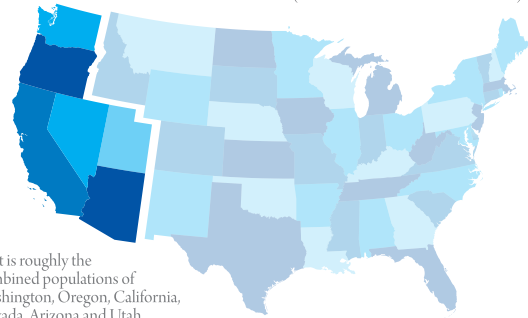
Key Findings

- 37% of workers have been bullied
- Most bullies are bosses (72%)
- 60% of bullies are women
- Women bullies target women in 71% of cases
- Bullying is 4 times more prevalent than illegal harassment
- 62% of employers ignore the problem
- 45% of Targets suffer stress-related health problems
- 40% of bullied individuals never tell their employers
- Only 3% of bullied people file lawsuits



Prevalence of Workplace Bullying

37% of the U.S. workforce report being bullied at work.*
(an estimated 54 million Americans)



* That is roughly the combined populations of Washington, Oregon, California, Nevada, Arizona and Utah.

37% of the U.S. workforce (**an est. 54 million Americans**) report being bullied at work; an additional 12% witness it. 49% of workers. Simultaneously 45% report neither experiencing nor witnessing bullying. Hence, a "silent epidemic."

A Different Kind of Harassment

Bullying is 4 times more common than harassment (based on illegal discrimination). In only one of five bullying cases does discriminatory conduct play a role.



Bullying Damages Employees' Health

The mythology surrounding bullying is that targets complain and litigate frequently. However, 45% of targets had stress-related health problems. WBI 2003 research found that targeted individuals suffer debilitating anxiety, panic attacks, clinical depression (39%), and even post-traumatic stress (PTSD, 30% of women; 21% of men).

In addition once targeted, a person has a 64% chance of losing the job for no reason. Despite the health harm, 40% never report it. Only 3% sue and 4% complain to state or federal agencies.

For more information about the survey please contact us. Complete results are downloadable at the website.



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